

### Early Games - High Five



What to look for. Does your child...  
 want to play with you

### Movement Games - Ring Around the Rosie



Ring around the rosie  
Pocket full of posies  
Ashes, ashes  
We all fall down

### DIY - Sensory Blocks



Prep time: 15 minutes

Materials:  
• Small plastic containers

### Classic Toy - Blocks



#### Activities with Blocks:

- Reach for block
- Search for hidden block
- Grab blocks
- Bang blocks
- Knock down a tower
- Dump blocks out of container
- Put blocks in container
- Stack blocks to make a tower
- Build a structure (house, garage...)

#### First Words:

Things: block, tower, house  
People: I, me, my, mine, you  
Actions: give, get, build, fall, knock down, help  
Descriptions: tall, small, big, little  
Location: on, off, up, down, in, out, here, there

# Handouts for Play Skills

# Speech & Language

Early Intervention / Pre-K/Complex Communication Needs

# Early Play Handouts



Speech and Language  
Information, Worksheets and Handouts for Parents

Lia Kurtin M.S., CCC-SLP  
Speech-Language Pathologist

.....  
Speech and Language  
**at Home**  
.....

# Early Play Handouts

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# Early Play Handouts

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# Classic Toy - Dress-Up



## Activities with Dress-ups:

- Pull clothes in/out of bag
- Make choices between 2 items
- Put clothes on and off
- Look for items in pile
- Request items "Hat please"
- Share, give items
- Follows directions
  - Get the \_\_\_\_.
  - Find the \_\_\_\_.
  - Put the \_\_\_\_ on/in.

## First Words:

Things: bag, hat, glasses...

People: I, me, my, mine, you

Actions: look, give, get, put, pull, hold, find

Descriptions: big, little, soft, silly

Location: up, down, in, out, off, on, here, there

# Classic Toy - Play Figures



## Activities with Play Figures:

- Make choices between 2 items  
(Do you want Batman or Spiderman?)
- Request item:
  - \_gesture/sign    \_points to picture    \_says word/s
- Imitate actions (ex. flying, jumping, sleeping, helping)
- Initiate actions (child performs actions with figures, knocks down tower)
- Sequence play routine (child acts out several events in an order - ex. One guy builds a tower, a bad guy knocks it down, bad guy gets in trouble)
- Follows directions:
  - Get the \_\_\_\_.
  - Put the \_\_\_\_ on/in.

## First Words:

Things: (characters names)

People: I, me, my, mine, you

Actions: give, get, go, stop, help, wait, jump, fly

Descriptions: big, little, heavy, light, good, bad, fast

Location: up, down, in, out, off, on, here, there

# Classic Toy - Blanket



## Activities with Blanket:

- Find object under blanket
- Play Peek-A-Boo
- Sit face to face under a blanket and make silly sounds and faces (good for practicing eye contact and increasing attention)
- Play Popcorn: put an object on top of the blanket, hold the edges tight and bounce object up and down like popcorn.
- Imitate actions (wrap blanket around shoulders or over head, cover face)
- Grab opposite ends and pull like a rope, sing Row Row Row Your Boat
- Sit on the blanket and have a pretend picnic
- Wrap baby or stuffed animal in blanket and say "Night night"
- Cover table with blanket to make a fort to play in. Go in/out, play house

## First Words:

Things: blanket

People: I, me, my, mine, you

Actions: find, hide, pull, bounce, shake, sleep, eat

Descriptions: dark, light, soft, cozy, sleepy

Location: up, down, in, out, off, on, here, there

# Classic Toy - Ball



## Activities with Ball:

- Early actions:
  - Reach for ball
  - Search for hidden ball
  - Tap balls together
  - Put ball in container/ball toy
  - Roll/push ball back and forth with partner
- Later actions:
  - Kick ball
  - Catch ball
  - Hit ball

## First Words:

Things: Ball

People: I, me, my, mine, you

Actions: get, give, go, stop, roll, throw, catch, kick, pass, find

Descriptions: big, little, heavy, light, high, low

Location: up, down, in, out, off, on, here, there, over, under, threw

# Classic Toy - Vehicles



## Activities with Vehicles:

- Reach for car
- Search for hidden car
- Push car back and forth with partner
- Puts toys in/out of truck
- Imitates driving car (flying plane etc.)
- Drives cars without a model (on their own)
- Makes vehicles noises (vroom, beep beep)
- Follows directions:
  - Get the \_\_\_\_
  - Drive to the \_\_\_\_
- Drives a car from one places to another (go to park)

## First Words:

Things: car, truck, train, plane, boat, wheels, horn

People: I, me, my, mine, you

Actions: get, give, go, stop, roll, drive, fly, crash, park, fix

Descriptions: big, little, fast, slow,

Location: up, down, in, out, off, on, here, there, over, under, threw, front, back

# Classic Toy - Dolls & Puppets



## Activities with Dolls/Puppets:

- Looks for baby when asked, "Where's the baby?"
- Follows directions
  - Get the baby
  - Find the bottle
- Imitates actions:
  - \_ Feeds baby
  - \_ Hugs baby
  - \_ Puts baby to sleep
- Makes noises with baby (crying, shhh, eating noises)
- Follows directions
  - wash the baby.
  - kiss the baby)
- Child initiates actions (hugs baby, brushes it's hair)

## First Words:

Things: Baby, (puppet), bottle, bowl, spoon, diaper, blanket, bed,

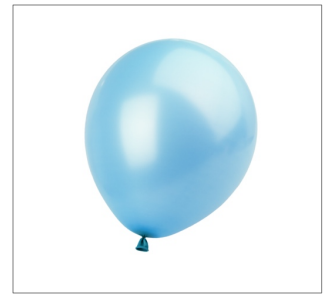
People: I, me, my, mine, you

Actions: get, give, help, hold, feed, eat, sleep, wash, kiss, hug, play, dance, walk

Descriptions: big, little, cute, happy, sleepy, hungry, dirty

Location: up, down, in, out, off, on, here, there

# Classic Toy - Balloons



## Activities with Balloon:

- Reach for balloon
- Tap/pat balloon
- Pull string to get balloon
- Chase flying balloon and bring it back (let air out)
- Hit balloon up in the air
- Kick balloon on the ground
- Follow directions
  - Put the balloon on your head,
  - Give the balloon to your mom
- Tap balloon back and forth to another person

## First Words:

Things: balloon

People: I, me, my, mine, you

Actions: get, give, go, stop, pass, find

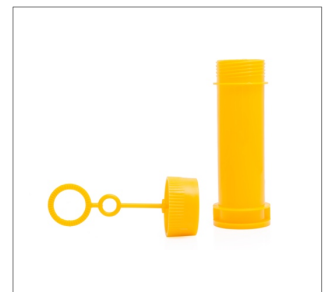
Descriptions: big, little, light, high, low

Location: up, down, in, out, off, on, here, there

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# Classic Toy - Bubbles



## Activities with Bubbles:

- Watch bubbles float and pop on the ground
- Reach for and pop bubbles
- Imitate blowing bubbles
- Teach body parts. Catch a bubble on the wand and pop it on their knee, foot...
- Follow directions to pop bubbles
  - Clap the bubble
  - Stomp the bubble
  - Kick the bubble
  - Pinch the bubble
- Child can blow bubbles

## First Words:

Things: bubble, body parts

People: I, me, my, mine, you

Actions: look, pop, touch, blow, clap, stomp, kick

Descriptions: wet, big, little, high, low

Location: up, down, in, out, off, on, here, there, behind,

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# Classic Toy - Blocks



## Activities with Blocks:

- Reach for block
- Search for hidden block
- Grab blocks
- Bang blocks
- Knock down a tower
- Dump blocks out of container
- Put blocks in container
- Stacks blocks to make a tower
- Build a structure (house, garage...)

## First Words:

Things: block, tower, house

People: I, me, my, mine, you

Actions: give, get, build, fall, knock down, help

Descriptions: tall, small, big, little

Location: on, off, up, down, in, out, here, there

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# Classic Toy - Play Dough



## Activities with Play Dough:

- Tolerate touching the soft texture of play dough
- Plays without putting play dough in mouth
- Imitate actions with play dough (pinch, roll, squish)
- Follow directions
  - squeeze it
  - Squish it, make it flat
- Shape dough into objects with a model (ex. apples, face)
- Makes their own creative shapes with play dough

## First Words:

Things: dough, play dough, ball, cup, top

People: I, me, my, mine, you

Actions: roll, push, pull, squeeze, pat

Descriptions: long, short, round, flat

Location: on, off, in, out, here, there

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# Classic Toy - Play Food & Kitchen



## Activities with play foods and kitchen:

- Puts toy food In/out of container
- Imitates actions: stirring, eating, pouring, cutting
- Identifying foods: get the apple
- Following directions
  - put the potato in the pot
- Basic concepts: "Get the spoon behind you."
- Naming: "What's this?" - "Banana"
- Answering questions: "Where is the hamburger?"
- Pretend play: cooking, serving and eating foods.

### First Words:

Things: names of foods, kitchen items

People: I, me, my, mine, you

Actions: give, get, cook, stir, eat, drink, help, chop, make

Descriptions: hot, cold, yummy, yucky

Location: on, off, up, down, in, out, here, there

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# Classic Toy - Box or Basket



## Activities with Box:

- Stack and knock down tower of boxes
- Open/close flaps, take lid on/off
- Cut holes in it to drop objects in
- Throw balls or balled socks into it
- Fill large box (or laundry basket) with clothes, sit inside it and play dress-up
- Create a sensory box by adding lights, foam stickers, ribbons etc.
- Color on it with crayons
- Flip a box upside down and make it into a play stove/oven
- Turn a large box into a play house.

### First Words:

Things: box

People: I, me, my, mine, you

Actions: open, close, build, fall, knock down, sit,

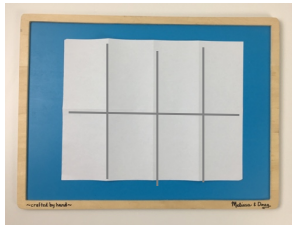
Descriptions: tall, small, big, little

Location: on, off, up, down, in, out, here, there, over, under, around

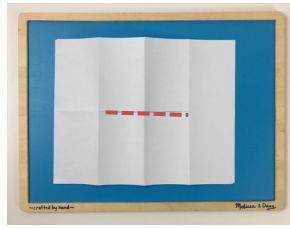
# DIY - Book



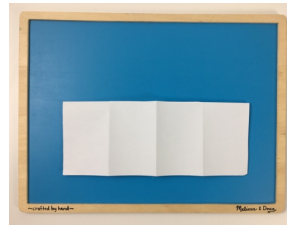
1. Fold 1 sheet of paper in 8ths



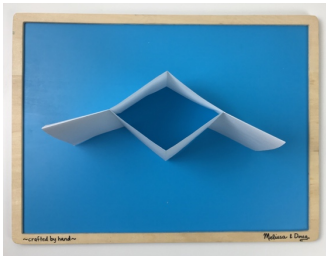
2. Cut hole along middle fold



3. Fold in half length wise



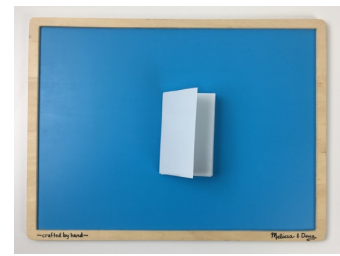
4. Press ends in so edges meet in the middle



5. Lay flat to smooth

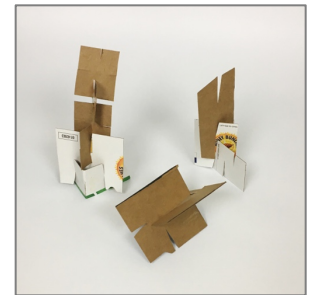


6. Fold pages to one side to make a book



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# DIY - Construction Set



Prep time: 10 minutes

## Ingredients/Materials:

- Clean recycled pieces of cardboard
- Clean cardboard paper tubes
- Scissors

## Instructions:

1. Cut cardboard into small pieces (pictured are 2' x 2" and 2' x 4")
2. Cut 1-2 inch slits into edges of cardboard and tubes

## How to play:

Slide pieces of cardboard together at slits so pieces stick together. Continue to add more pieces to create a structure.

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# DIY - Instruments



Prep time: 0 minutes

## Ingredients/Materials:

- Clean recycled containers
- Pots and pans
- Spoon
- Rubber bands (optional)

## Instructions:

1. Turn containers over and model how to bang on top with spoon like a drum.
2. Optional: Slide rubber bands over small open container to play it like a guitar.

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# DIY - Ball Drop Toy



Prep time: 10 minutes

## Ingredients/Materials:

- Cardboard box
- Plastic ball
- Scissors
- Glue or tape

## Instructions:

1. Lay box on it's side. 1) Cut out the bottom 2) Cut out a wide hole on the bottom of one side 3) Cut a round hole in the top big enough for the ball.
2. Make a ramp inside the box using the bottom piece of cardboard. Fold a short edge under 1/5 inches and glue it to the inside wall that is under the round hole. This will make a ramp for the ball to roll down and out the hole on the opposite side.

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# DIY - Play Mat



Prep time: 10 minutes

## Ingredients/Materials:

- Clean cereal boxes

## Instructions:

1. Cut open cereal box so it lays flat. You can tape flaps of box down to create a backdrop (optional).
2. Print or draw scenes for animals or people. These can include buildings, grass, lakes or roads

## How to play:

Show your child actions with animals, people and vehicles. This can include swimming, eating, driving, running etc. Will your child copy your actions? Can they play on their own?

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# DIY - Container Play



Prep time: 10 minutes

## Ingredients/Materials:

- Clean container (I used an oatmeal container)
- Milk lids or other bottle tops
- Pictures (optional)
- Glue (optional)

## Instructions:

1. Cut hole in lid of container slightly bigger than largest lid.

## How to play:

Show child how to put lids through opening in container. Let your child have a turn. Help them if needed.

## Optional Pictures:

Increase language opportunities by gluing pictures of common objects to lids (I laminated mine first for durability).

Download free pictures at <http://bit.ly/2n2Y52q>

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# DIY - Straw Rocket



Prep time: 10 minutes

## Ingredients/Materials:

- 1 sheet of Paper
- Tape

## Instructions:

1. Cut paper into thirds length wise.
2. Straw: Roll one long strip length wise to make a straw.
3. Rockets: Cut the other two strips in half to make 4 short strips
  1. Loosely roll short strips one at a time around the long straw
  2. Tape edge to create a tube
  3. Fold one end down to create close the tube

## How to play:

Place closed tubes (rockets) over one end of the long straw. Blow through the opposite end to shoot rocket off the straw. Be sure not to aim at people or animals.

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# DIY - Bubbles



Prep time: 10 minutes

## Ingredients:

- 2 Cups warm water
- $\frac{1}{4}$  cup sugar
- $\frac{1}{4}$  cup Dawn dish soap
- Pipe cleaner
- Large cup

## Instructions:

1. Add sugar to water to cup and stir to dissolve.
2. Pour in dish soap and mix together.
3. Bend pipe cleaner in half. Twist ends together up to last 1 inch. Open loop into a circle to make a bubble wand.

## How to play:

Dip wand into bubble mixture. Blow through circle to make bubbles.

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# DIY - Sensory Blocks



Prep time: 15 minutes

## Materials:

- Small plastic containers
- Variety of small objects/toys
- Hot glue gun

## Instructions:

- Place small items in containers. This may be one or many of each item depending on the size of the objects.
- Glue lids on the containers to prevent loose choking hazards

## How to play:

Stack and knock down containers like blocks. Put them in and out of a larger container. Shake them to listen to different sounds. Point to objects and talk about what you see

## Fill ideas:

Plastic animals, bouncy ball, beads, colorful hair bands, small erasers, feathers.

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# DIY - No Bake Play Dough for I



Prep time: 15 minutes

## Ingredients:

- 1 cup all-purpose flour
- $\frac{1}{2}$  cup salt
- 2 teaspoons vegetable oil
- $\frac{1}{2}$  cup cold water
- Food coloring (optional)
- Mixing bowl
- Measuring cups
- Spoon
- Storage container

## Instructions:

- 1.Combine ingredients in a mixing bowl.
- 2.Stir with a spoon then knead by hand until smooth. Add more water if dry or flour if sticky until you get a consistency you want.
- 3.Add several drops of food coloring to color the dough. (optional)
- 4.Store in an air tight container in the refrigerator.

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# DIY - Edible Paint



Prep time: 5 minutes

## Ingredients:

- Vanilla (or other white yogurt)
- Food coloring
- Small containers or cups
- Painting surface (ex. high chair tray, paper plate, bathtub)
- Fingers or painting tool (ex. Q-tip, pom pom balls, sponge)
- Wet wipes or paper towels for clean up.

## Instructions:

1. Divide yogurt into small containers or cups.
2. Color the yogurt by adding several drops of food coloring. Stir to combine.
3. Paint! Remember it is all about the experience not the finished product.

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# DIY - Stacking Cups



Prep time: 0 minutes

## Materials:

- Paper (or Plastic) cups
- Cardboard strips (optional)

## Instructions:

1. Turn cups upside down and stack in a pyramid
2. Use strips of cardboard to build structures (bridges etc.)

## How to play:

Practice vocabulary words such as; on, in, up, down, more, fall, uh oh

Simple cause/effect: Build a structure and have child knock it down.

Requesting: Have child ask for more cups to stack.

Fine motor: nesting and stacking cups

## Extend the play:

Draw pictures of familiar object on the cups to practice more vocabulary words.

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## Early Games - Tickle



**What to look for. Does your child...**

- want to play with you
- look at you
- laugh, smile
- make happy and excited sounds
- respond when you say “I’m gonna tickle you”
- try to get you to tickle them again
- copy motions of tickle fingers
- try to say “tickle”
- say “Tickle” or “Tickle me”

**How to play:** Playfully say “I’m gonna tickle you”. Wiggle your fingers like a tickle. Wait for your child to respond. They may smile, laugh, try to move away, stick their foot out, etc. Tickle them, then pause. See if they will try to get you to do it again. What did they do?

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## Early Games - I’m Gonna Get Ya



**What to look for. Does your child...**

- want to play with you
- look at you
- laugh, smile
- make happy and excited sounds
- respond when you say “I’m gonna get ya”
- try to get away when you start to chase and grab them
- try to say “Get ya”
- say “Get ya” or “I’m gonna get ya”

**How to play:** Playfully say “I’m gonna get ya”. Hold your fingers toward them and pause to see how they respond. Do they try to get away? Repeat “I’m gonna get ya” and reach out to grab their feet or belly. Tickle them, playfully wrestle or scoop them up. Stop. Then start again and see how they respond.

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## Early Games – Where’s Bear?



**What to look for. Does your child...**

- want to play with you
- look at you
- laugh, smile
- respond when you ask “Where’s bear?”
- look around for bear or gesture to where it is hidden
- copy motion of putting hands up
- try to say “Where?” or “Where’s bear?”
- say “Where?” or “Where’s bear?”

**How to play:** Show your child a toy (any favorite toy) and then playfully hide it behind you or under something near by. It is okay if the child sees you hide it. Ask them “Where’s \_\_\_\_?”. Do they look toward where the toy is hidden or try to uncover it? Child may also imitate the gesture of putting hands up when you ask a question.

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## Early Games – Wave Bye-Bye



**What to look for. Does your child...**

- look at you
- respond when you say “Say Bye-Bye”
- copy waving motion
- try to say “bye” or “bye-bye”
- say “bye” or “bye-bye”

**What to do:** As you are leaving say “Bye-bye” and wave to your child. Pause and see if they will copy you. Some children may start wave by just curling their fingers. This will later develop to waving arm and hand out toward other person.

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## Early Games - Blow Kisses



**What to look for. Does your child...**

- look at you
- respond when you say “Give kisses”
- copy puckering lips or putting hand to mouth to blow kisses

**What to do:** Get child’s attention. Ask them to “give kisses” or “blow a kiss”. Model blowing a kiss. Will your child give kisses by puckering their lips? Can they bring their hand to their mouth to give kisses?

## Early Games - Wanna Dance?



**What to look for. Does your child...**

- want to play with you
- laughs, smile
- makes happy and excited sounds
- looks at you
- responds when you ask “Wanna dance?”
- copies dance motions with head and body
- start to dance to get music to play again

**How to play:** Playfully say “Let’s dance”. Turn on music and model simple dance moves like rocking back and forth. Does your child copy you? Turn the music off and stop dancing. Do they stop? Turn the music back on and start again. This can be played with musical instruments too.

## Early Games - So Big

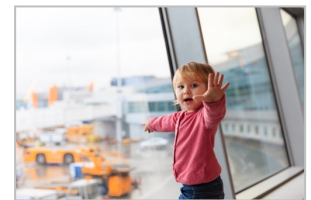


**What to look for. Does your child...**

- want to play with you
- look at you
- laugh, smile
- makes happy and excited sounds
- respond when you ask "How big is baby?"
- copy motion of holding arms out
- try to say "Sooo big"
- say "So big"

**How to play:** Playfully say "How big is baby?" (or their name). Pause, then hold your arms out and say "Soooo big". Exaggerate the words and your movements. Do they copy your actions or attempt to say it too?

## Early Games - Look!



**What to look for. Does your child...**

- want to play with you
- look at you
- laughs, smiles
- make sounds to get your attention
- points to object or person of interests. Look at you and points to direct your attention.
- tries to say "Look!"
- says "Look!" or "Look et (it)"

**What to do:** Model pointing to objects or people that your child is interested in. Exaggerate your voice and gesture to get their attention. Children may start pointing by using their whole arm. Later they use their hand and pointer finger.

## Early Games - High Five



**What to look for. Does your child...**

- want to play with you
- look at you
- laugh, smile
- makes happy and excited sounds
- respond when you say “Gimme five” or “High Five”
- Put their hand up for a high five
- try to say “high five”
- say “High five” or “Gimme five”

**How to play:** Playfully say “Gimme high five”. Hold your palm up toward child. Wait for your child to hold their hand up or reach their hand forward to slap yours. They may need help at first so they know what to do.

## Early Games - Peek-A-Boo



**What to look for. Does your child...**

- look at you
- want to play with you
- laughs, smile
- makes happy and excited sounds
- respond when you say “Peek-a-boo”
- copy motion of covering eyes
- try to say “Boo” or “Peek-a-boo”
- say “Boo” or “Peek-a-boo”

**How to play:** Playfully cover your eyes, pause, then open your hands to look at your child and say “Peek-a-boo”. Exaggerate your words and actions. Will they cover their eyes to get you to play again? This can also be played with a blanket, towel or piece of clothing.

## Early Games – Yay!



**What to look for. Does your child...**

- Want to play with you**
- look at you**
- laugh, smile**
- makes happy and excited sounds**
- repeat their actions so you cheer “Yay!” again**
- copy motion of putting hands up**
- try to say “Yay”**
- say “Yay”**

**How to play:** You or your child performs a simple action such as putting blocks in a container. Raise your hands up and say “Yay!”.

**More action ideas:** child kicks a ball, jumps, puts puzzle piece in.

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## Early Games – Night Night



**What to look for. Does your child...**

- want to play with you**
- laugh, smile**
- look at you**
- make happy and excited sounds**
- respond when you say “Night-night”**
- copy motion of closing eyes and pretending to sleep or saying “shhh”**
- try to say “Night-night” or “shhh”**
- say “Night-night” or “shhh”**

**How to play:** Say “Night-Night” then close your eyes and put your head down like you are going to sleep. You can also say “Shhh” with your finger up to your lips. Your child may come to wake you up or pretend to sleep too. Pop up and open your eyes saying “Wake up!”. You can play with with dolls or animals too.

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## Movement Games - Jumping Over a Rope



**What to look for: Does your child:**

- want to play with you
- watch you jump over jump rope on the ground
- copy you jump over jump rope on the ground
- jump over two jump ropes next to each other

**How to play:** Let your child watch you jump over a jump rope so they know what to do. Let them try to copy you. Hold their hands and help them if needed. Once they are able to jump over a rope on the ground you can add a second rope. Gradually increase the distance. Children usually start learning to jump rope in kindergarten

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## Movement Games - Obstacle Course



### Material ideas

- Jump rope
- Tape
- Yarn/string
- Crate paper
- Chalk
- Hula hoop
- Blankets/pillows
- Tables/chairs
- Laundry basket
- Pool noodle

### Learning concepts

- Up
- Down
- In
- On
- Off
- Over
- Under
- Around
- Through
- Between

**How to play:** Use materials to set up an obstacle course. You can make one inside or outside. Pick one or two activities then add more as your child gains skills. Let your child see you do the actions first then help them follow. Keep practicing until they can start and finish on their own.

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## Movement Games - Hide and Seek



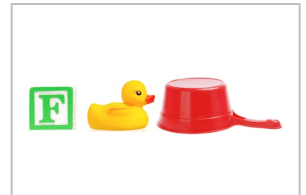
**What to look for. Does your child...**

- want to play with you
- hide under a blanket
- look for person who is hiding
- wait quietly
- find a place to hide
- count "one - two - three"
- calls "Here I come"
- takes turns hiding and seeking

**How to play:** Practice showing your child the skills needed to play hide and seek. Model what they need to do and see if they copy you. Once your child understands what to do give less help and work on following directions to play. Say "Go hide." or "I'm hiding. Come find me.". Keep adding steps and practicing until they can play the game taking turns back and forth.

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## Movement Games - What's Missing?



**What to look for. Does your child...**

- look for a toy that has been covered
- look for a toy when named (Where's the duck?)
- point to a named item (Show me the block)
- name items when asked "What's this?"
- remember an item they can no longer see
- remember an item they can no longer see from a group

**How to play:** Show the child two toys. Have them cover their eyes. Take one toy away. Have them look again and ask, "What's missing?" See if they can name the one that is gone. Continue to add more toys to increase difficulty.

**Add movement by having your child run somewhere (a couch, tree...) to count to 3. Then they run back to guess what's missing.**

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## Movement Games - Hokey Pokey



You put your right foot in  
You take your right foot out  
You put your right foot in  
And you shake it all about  
You do the hokey pokey  
And you turn yourself around  
That's what it's all about

Left foot  
Right hand  
Left hand  
Head  
Whole self

watches	Requests	Right foot	Left foot	Right hand	Left hand	Head	Hole self	Sings

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## Movement Games - Duck Duck Goose



**What to look for. Does your child...**

- want to play with you
- stand up and sit down
- run around a circle
- tap person (or stuffed animal's) head with help
- try to say "duck" and "goose"
- play Duck Duck Goose with peers.

**How to play:** Have children sit in a circle facing the middle. You can pretend with stuffed animals if there are just two playing. One person is "it". That person walks around the outside of the circle. They gently tap each child's head and say "duck". The person who is it then selects someone to be it next by tapping their head and calling "Goose". The Goose stands up and chases the person who is it around the circle. The person who is it tries to make it back to the empty spot without being tagged. If they do the Goose is now it. If the Goose tags them before they sit down they are it again.

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## Movement Games - Parachute



**What to look for. Does your child...**

- want to participate in games
- hold edge of parachute/blanket/sheet
- copy you shake the parachute up and down
- follows directions (go, lift it up, stop, shake)

**How to play:** Two or more people hold a parachute, blanket or sheet at the edges. They pull the parachute tight so it lifts off the ground. Shake the parachute up and down to make waves. Put a ball on top to watch it bounce. Lift the parachute up over your head and sit underneath like a tent.

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## Movement Games - Follow the Leader



**What to look for. Does your child...**

- want to participate in games
- walk in a line
- copy actions of others
- lead others by following a direction of what to do
- think of actions for others to do as a leader

**How to play:** You need two or more people to play follow the leader. Chose one person to be the leader. Everyone else lines up behind the leader. The leader walks around doing actions and everyone else behind follows and copies what the leader does. The leader can crawl under a table, over a chair or spin in a circle. Set a timer and take turns being the leader.

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# Movement Games - Ring Around the Rosie



Ring around the rosie

Pocket full of posies

Ashes, ashes

We all fall down

Listens	Requests	Holds hands	Walks in circle	Falls down	Sings

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# Movement Games - Scavenger Hunt



**What to look for. Does your child...**

- want to participate in games
- look for an item when named
- match object to picture
- look for items from a picture
- complete the activity

A scavenger hunt is when a person or group of people are given a list of items to find. The person who finds everything on the list first is the winner.

**How to play:** Find a scavenger hunt to print or create a list of your own. Print the list of words (or pictures) for each player. Each player needs a container to collect the items on the list. Begin looking for the items until you find everything on the list. Share what you find with the others.

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# Movement Games - Walking Walking



Walking walking (Marching marching)  
Walking walking (Marching marching)

Hop hop hop  
Hop hop hop

Running running running  
Running running running

Now let's stop  
Now let's stop

Listens	Requests song	Walks	Marches	Hops	Runs	Stops	Sings

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# Movement Games - Relay Race



**What to look for. Does your child...**

- wants to participate in games
- imitate actions to participate in puzzle
- put puzzle pieces in with help
- carry item from one place to another
- Collect puzzle pieces from around the room and complete the puzzle

**Younger kids:** Set up an activity with several pieces such as a shape sorter or puzzle. Spread the pieces out in different places in the room (on the chair, under the table, in a shoe). Have young kids run around to collect the pieces and put them in the puzzle.

**Older kids:** Divide a group of kids into two teams. Set up an activity like finding pieces for a puzzle, shooting a basketball or crawling through a tunnel for each team. Players line up and take turns completing the task. The first team to have all players finish wins.

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**XOXO,**  
**Lia Kurtin**

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